



# Four Rivers Rafting & Adventures cc

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## TEAMBUILDING

Our Team building packages can be tailor made to combine a large selection of activities; from low to medium physical activities, a wide selection of games, challenges and mental exercises,

Both at our Four Rivers Adventure base and away.

The following list includes many of the activities and games on offer.

We pride ourselves on our flexibility and ingenuity in designing the right package for your team building requirements! Examples below show many of our popular packages which can be adapted to suit your timing, group size, budget and other specific requirements.

Whether you are a corporate group striving for increased productivity, a youth organization wanting to promote personal confidence or a family hoping to improve communication and trust, we will work with you to design an effective & fun program all will enjoy.

THE BEST TEAMS DON'T JUST WORK TOGETHER, THEY PLAY TOGETHER TOO

### THE REAL EXPERIENCE!!

**River rafting (1,2 or 3 Day)**  
**Water Dependant**

**Gecko Tubing (new activity)**  
**Water Dependant**

**Kloofing**

**Mountain Boarding**

**Quad biking (track, outside, lemans & obstacle courses)**

**Abseiling**  
**croquet**

**Zip line 300m**

**Bull Challenge**

**Questions & Riddles**

**Archery**

**Paintball War Games & Target Shooting**

**horse shoe throw**

**memory game**

**pick-up-sticks**

**orienteering**

**Log throw**

**Blow darts**

**hammer throw**

**Catapult shoot**

**Stone throw**

**Chipping challenge**

**Tug of war**

**Soccer & Basketball challenge**

**crawl race**

**Water challenge**

**Charity treasure hunt**

**Soccer**

**Memory game**

**Blind man maize**

**Puzzle build**

**Amaswazi cuisine: cook an Induna meal**

**Water polo**

# THE MOUNTAIN MADNESS SERIES

Groups will be split into teams who will need to make their way from checkpoint to checkpoint, completing different activities.

MMC 01	MMC 02	MMC 03
Archery	Archery	Zip line
Zip line	Zip line	Paintball Target Shooting
Water challenge	Mountain boarding	Quad Track
Quad Track 800m	Quad Obstacle Course	Archery
Ski Planks	Balance Beam	Memory Game
<b>10-40 Pax: R280.00 p/p</b>	<b>10-40 Pax: R320.00 p/p</b>	<b>10-40 Pax: R330.00 p/p</b>
<b>41-70 Pax: R260.00 p/p</b>	<b>41-70 Pax: R300.00 p/p</b>	<b>41-70 Pax: R310.00 p/p</b>
<b>71 + Pax : R240.00 p/p</b>	<b>71 + Pax : R280.00 p/p</b>	<b>71 + Pax : R290.00 p/p</b>
Available for group sizes of 10 +		
Medium physicality Duration approximately 3 hours		

# BUDGET BUSTER SERIES

THE TEAM SPORT TUSSLE	WORLD SPORT ORIENTEERING CHALLENGE	CHARITY TREASURE HUNT	THE HIGHLANDERS GAME
<i>Checkpoint challenges</i>	<i>Navigate to checkpoint challenges</i>	<i>Receive components on completed challenges to make and donate a toy for a local worthy charity</i>	<i>Teams will compete in exciting games</i>
Soccer	Brazil: Soccer	Memory Game	Stone Throw
Volleyball	Switzerland: Archery	Archery	Log Throw
Water Polo	Australia: Diving	Puzzle Build	Hammer Throw
Basketball	Mexico: Blind Man Maze	Questions & Riddles	Tug of War
	South Africa: Horse Shoe Throw	Pick-up-Stix	Crawl Race
<b>10-40 Pax: R260.00 p/p</b>	<b>10-40 Pax: R275.00 p/p</b>	<b>10-40 Pax: R360.00 p/p</b>	<b>10-40 Pax: R260.00 p/p</b>
<b>41-70 Pax: R240.00 p/p</b>	<b>41-70 Pax: R245.00 p/p</b>	<b>41-70 Pax: R340.00 p/p</b>	<b>41-70 Pax: R240.00 p/p</b>
<b>71 + Pax : R220.00 p/p</b>	<b>71 + Pax : R225.00 p/p</b>	<b>71 + Pax : R320.00 p/p</b>	<b>71 + Pax : R220.00 p/p</b>
<b>MEDIUM physicality</b>	<b>MEDIUM physicality</b>	<b>LOW physicality</b>	<b>MEDIUM physicality</b>
		(includes toy)	(excludes kilts)
Available for group sizes of 10 +			
Medium physicality Duration approximately 3 hours			

# THE AMAZING RACE SERIES

Like the reality T.V show, this flexible option allows teams to navigate between checkpoints. At each point contestants will choose between 2 clues that will determine which activity they will do next.

These packages can be designed to run at any venue here in the Central Drakensberg, our surrounding areas or can even begin en-route from where your departure point is to include activities on the way to your destination.

CLASSIC AMAZING RACE	CHAMPAGNE VALLEY	MOUNTAIN RACE	AMAZING DAM ADVENTURE CHALLENGE
<b>Norway:</b> Skill & Accuracy or Speed & Adrenalin	Scrumpy Jacks: Art of Making Honey	Tower Challenge: Clue Search	Raft Challenge
<b>South Africa:</b> Catapult shoot	4 Rivers: Quad biking challenge	In-the-bush: Archery Challenge	Memory Game
<b>Spain:</b> Chipping Challenge	Nursery: Plant a tree	Nursery: Plant a tree at a deserving school	Water Challenge
<b>UK:</b> Skill & Patience or Knowledge	Dam Challenge: Wet & Wild (differs in winter)	Dam Challenge: Water Bridge Build	Archery
<b>Brazil:</b> Soccer & Basketball Challenge	Somewhere out there: Puzzles, Riddles & Mind Games	Secret Challenge: Many options to choose from	Water Bridge Build
<b>10-40 Pax: R420.00 p/p</b>	<b>10-40 Pax: R600.00 p/p</b>	<b>10-40 Pax: R470.00 p/p</b>	<b>10-40 Pax: R320.00 p/p</b>
<b>41-70 Pax: R400.00 p/p</b>	<b>41-70 Pax: R580.00 p/p</b>	<b>41-70 Pax: R450.00 p/p</b>	<b>41-70 Pax: R300.00 p/p</b>
<b>71 + Pax : R380.00 p/p</b>	<b>71 + Pax : R560.00 p/p</b>	<b>71 + Pax : R420.00 p/p</b>	<b>71 + Pax : R280.00 p/p</b>
	<i>Excluding Transport</i>		
	<i>Duration: 5 hrs approx</i>		

# SURVIVAL SERIES

SURVIVOR ADVENTURE CHALLENGE	BERG ADVENTURE CHALLENGE	SUPERHERO CHALLENGE
Teams will navigate between checkpoints and complete challenges along the way after receiving clues.	After completing challenges, teams will receive co-ordinates to their next checkpoint.	Teams will make their way between checkpoints completing activities Along the way.
Archery	Bridge Build	Bridge Building
Zip Line	Water Challenge	Paintball Target Shooting
Paintball	Archery	Puzzle Build & Riddles
Mountain Boarding	Zip Line	Archery
Orienteering	Puzzle Build, Questions & Riddles	Orienteering
Blow Darts	Quad Obstacle Course	Zip Line
<b>10-40 Pax: R385.00 p/p</b>	<b>10-40 Pax: R360.00 p/p</b>	<b>10-40 Pax: R330.00 p/p</b>
<b>41-70 Pax: R365.00 p/p</b>	<b>41-70 Pax: R340.00 p/p</b>	<b>41-70 Pax: R310.00 p/p</b>
<b>71 + Pax : R345.00 p/p</b>	<b>71 + Pax : R320.00 p/p</b>	<b>71 + Pax : R290.00 p/p</b>
	<i>Minimum 10 persons</i>	<i>~ Medium Physicality</i>

# SHARP SHOOTER SERIES

Participants can test their accuracy between checkpoints.

BULLSEYE CHALLENGE	THE TUSSELE CHALLENGE	ONE SHOT CHALLENGE
Paintball target Shooting	Quad Track – 2 laps	Quad Obstacle Course
Memory Game	Paintball target Shooting	Archery
Archery	Archery	Paintball Target Shooting
Blow Darts	Croquet	Memory game
<b>10-40 Pax: R220.00 p/p</b>	<b>10-40 Pax: R350.00 p/p</b>	10-40 Pax: R240.00 p/p
<b>41-70 Pax: R200.00 p/p</b>	<b>41-70 Pax: R330.00 p/p</b>	41-70 Pax: R220.00 p/p
<b>71 + Pax : R185.00 p/p</b>	<b>71 + Pax : R310.00 p/p</b>	71 + Pax : R200.00 p/p
<b>LOW physicality</b>	<b>Medium Physicality</b>	<b>Medium Physicality</b>

## EVENING TIME ACTIVITIES

REALITY SHOW MANIA	MURDER MYSTERY DINNER
A really fun and popular activity combining challenges taken from a selection of popular reality TV shows such as:	Let us facilitate an evening activity of exciting role playing that continues throughout your dinner, wherever your venue. All participants are included in the many cryptic twists of this relaxed yet fun filled evening
Fear factor	Popular themes include:
The apprentice	✓ Murder among the Mateys (Pirates!)
Survivor	✓ Murder in Sin City (Vegas)
Are you smarter than a 5th grader?	✓ Knight of Murder (Medieval)
The Amazing race	
<b>R410.00 per person</b>	<b>R300.00 per person</b>
<i>Minimum 10 persons</i>	<i>Min 10 persons - Max 35 persons</i>
<i>Excludes Decor</i>	<i>Includes invitations and facilitation of this event</i>
	<i>Excludes décor</i>

Crazy Cocktail Mix-up Duration 2hrs	POTJIE COOK OFF Duration 2.5hrs
Participants spend time in groups completing Low impact, mentally challenging tasks in a time limit and end off by creating unique cocktails, to be sampled and judged by the facilitators and enjoyed by the participants. Four Rivers Adventures Cocktail mix up is a superb way to end a heavy day of conferencing or a great way to supplement a day of physically taxing teambuilding	Each group will receive a set of ingredients as well as cooking utensils. The Teams shall do a pop quiz with the teams getting the right answers to “shop” at the ingredients store. The teams will be judged on their Meal.
Includes: <ul style="list-style-type: none"> <li>Cocktail making Utensils ( smoothie makers, mixers etc)</li> <li>Excluding alcohol, alcohol to be charged per tot of consumption</li> </ul>	Includes: <ul style="list-style-type: none"> <li>Cooking utensils</li> <li>Potjie pot</li> <li>Readymade fires</li> <li>Ingredients and Recipies</li> <li>Potjie chef facilitator to run the evening.</li> </ul>
<b>R260.00 per person</b>	<b>R250.00 p/p – Based at Four Rivers Adventures</b> <b>R210.00 p/p – Based at the hotel of your Choice</b>

